Ingredients Per Blender

* ¾ Cup Strawberries
* ¾ Cup raspberries
* ½ Cup Blueberries
* 1 banana
* 2/3 Cup almond milk

1 Cup kale, destemmed

Procedure

1. Wash and destem the kale
2. Blend the almond milk and kale until smooth
3. Add the remaining ingredients until smooth