Ingredients

* 3 quarts frozen strawberries
* 1 quart frozen pineapple – cut into 1 inch cubes
* 2 cups coconut milk
* 2 cups water

Procedure

1. Add strawberries, pineapple, coconut milk, and pineapple juice to blender.
2. Blend until no chunks are present.
3. Taste (a very, very small portion – with a tasting spoon) to ensure quality.
4. Sweeten with a little bit of honey if necessary.
5. Place in the fridge until ready to serve.