Ingredients

* 12 cups of water
* Pineapple
* Bananas
* Peaches
* Watermelon

Per Blender:

* 1 cup of water
* 1 cup of pineapple
* I cup of peaches
* 2 bananas
* 1 cup watermelon

Procedure

1. Add 1 cup of peaches to blender
2. Add 1 cups of water
3. Blend until smooth
4. Add 1 cup of pineapple
5. Add 1 cup of watermelon
6. Add 2 bananas
7. Blend until smooth
8. Sweeten with honey or apple juice if necessary