Ingredients

* 12 cups of frozen spinach
* 12 cups of water
* 6 cups of pineapple
* 12 bananas
* 12 cups of mango

Per Blender:

* 2 cups of frozen spinach
* 2 cups of water
* 1 cup of pineapple
* 1 cup of mango
* 2 bananas

Procedure

1. Add 2 cups spinach to blender
2. Add 2 cups of water
3. Blend until smooth
4. Add 1 cup of pineapple
5. Add 1 cup of mango
6. Add 2 bananas
7. Blend until smooth